



Senior Mental Health Lead: Training Programme

Sandwell's Educational Psychology Team are now able to offer Senior Mental Health Lead training for schools across Sandwell. This training will be aligned to government recommended training programmes and, on completion of the programme, certification will be awarded.

The course is designed to champion efforts to promote and support mental health and wellbeing within schools. It is grounded in the 8 principles of Public Health and the Sandwell Charter Mark and schools will be able to reflect on areas such as leadership and management, pupil voice, staff development etc.

The training will be delivered across 6 half-day sessions, all of which must be attended to achieve certification:

13th October 9am–12pm
24th November 9am–12pm
2nd February 9am–12pm
16th March 9am–12pm
11th May 9am–12pm
6th July 9am–12pm

The programme is being partially funded by the virtual school and, as such, the first 20 places will be priced at £450, with all remaining places at £900.

Partaking in the training will also allow attendance to the Senior Mental Health Lead network at no extra cost (please see additional flyer for details)

*Training to take place at **Coneygre Centre** (TBC)*

**For bookings or any questions
please contact**

sandwell_wellbeingchartermark@sandwell.gov.uk

Target Audience

Aims

- To understand the wellbeing principles that can be used at a whole-school level to support wellbeing and mental health.
- Development, implementation and reflection of the whole-school policy and strategy on wellbeing.
- A core focus on supporting vulnerable groups, especially those in the social care system.
- Collaborative working through group sharing, discussion and problem-solving from other Sandwell colleagues.
- Recognising how to effectively monitor and measure positive change and outcomes relating to wellbeing at a whole-school level.